

## Motion and idle

Motion and Idle, Idle and Motion. That is the theme of this new energy that you are experiencing.

On earth now those are the only two options available to you. Like we have discussed this is a new time here. You may think well idle and motion have always been. That is somewhat true. In your past though when you sat 'idle' we (spirit) were at work for you. We tied together loose ends and made things line up.

There was a recent time on earth when we would see you and when you sat idle it was our time to work. We paved your pathways, we aligned the stars for you to move forward. You prayed and we answered in appropriate ways. It may not have been exactly what you prayed for but we created your way forward in your best interests.

Well that time has come and past. While you may feel that was 'easier' the outcomes were limited. You followed the paths we created, or not, and you walked holding our hands.

Well my relations, that is not how it works now.

As we have said before you graduated into a higher energy, a co-creation as such.

It feels harder because while the term harder doesn't apply, it is more of a challenge to get where you want to go because now you must first pave your own road.

It doesn't mean we have abandoned you. Far from it, we are closer than we've ever been because we are communicating more. Are you listening?

Lets first discuss Idling, because that is where most of you are. You are looking around going 'now what' and 'something isn't right'. Well it's like when your parents first left you home alone. You had to make all your decision and things may have gotten scary. Sometimes there was a knock at the door, an unexpected event happened and you had to decide how to maneuver it without your parents telling you exactly what to do. Your parents trusted the years they spent preparing you for this would be in the back of your mind and you would prevail successfully. That's where we are relatives.

So now many of you sit idle. There has been a knock at your door and you don't know what to do. Well my relatives it is now up to you. When you are sitting idle you aren't 'going' anywhere. You can sit idle, it is appropriate for a time. Remember though that time window you are idle can be a day, a month, a year, 10 years, it is completely up to you. While you are idle in your life and watching things happen it delays future outcomes, not cancels but delays.

Lets see why we sit idle and you can figure out what your reason for idling is. There are 3 reasons we sit idle, one is fear. This is the most unproductive type of idle. It is the one that can really get you stuck. It's the one where you're looking at everyone else saying 'come pull my car out of the ditch I can't' and when no one comes the fear sets in. When you are in fear you

are letting others make your decisions and let me tell you that path isn't going to help you get anywhere because inevitable no matter how far down that road you get you'll be pulled right back to where you derailed and have to start over.

The second reason for idling in your life is when it's appropriate. When you were in motion and you forged forward but those around you and paths around you need to catch up. You blazed a trail and now are waiting for other roads to connect. When this happens the only thing you can do is work on yourself. You could use this time to do the internal work that is necessary for your next steps. It's the time to clear out people, places and things that don't seem to be going to align to your path. It's a time to reflect and see what was happening and did it work. It's a time to find a new exciting practise, spiritual or other that's going to help propel you to the next level.

The third idle is when you are presented with two or more clear paths and you are deciding which one to take. This should be your shortest idle. You may take some time for asking us which path would best suit your new life. We have the vantage point of an eagle in your life. We can see where all the paths lead and if you ask for guidance we will show you what path best aligns with where you are now going. The most important part is to intentionally tell us where you are going. If you don't do that we wait, we wait until you set your intentions. We can no longer decide for you where you are going. We listen for your intent. How do we offer guidance you may ask. Well you need to look for the signs and listen. Some of you may wake up with a knowing, that's because we have come to you in your dreams. Some of you may see a door close on that path and understand well, that wasn't the way, that was us showing you that path is not what is going to best suit you. Some may be thinking about a possible option to take and out of seemingly no where you see a bird, a butterfly or a beautiful animal come close. You can feel the animals intent to be seen by you. That is us asking our animal friends to show you the way. Next time you see an animal you know is meant to be seen by you stop and recall what you were thinking about because that animal is your verification that is a good option for you to take. So you see we are answering but we are asking you to use your abilities and understandings that you have gained to trust what you are seeing/hearing/feeling is us talking to you.

While sitting idle is ok for a time you must reach the motion part.

Once you have gathered what you need to go forward you have to take those steps. Those steps now are going to feel intimidating and like you may be going 'rogue'.

Well that is where the fruits of your labour lay now. For you to be in motion you need to be working on the path you have set forth.

In motion may be reaching out people, starting that new business, doing acts of service and stepping out of your comfort zone to try something completely new. Those my dear relations are your steps in motion. When you are listening, trying and conceiving your new reality. Motion means you put down your devices, walked out your door and said 'I am ready lets go'. Now as you are in motion you are forging your new path. Paths are rarely straight, they weave from side to side and that is appropriate. You will encounter lessons along your way that you will have to maneuver around. The key is to not turn back and run 'safely' backwards down the road you made. For when we see that we say ok, they aren't ready yet, we will wait until they are. We will wait until they are no longer afraid.

Inevitably along your road you will need to pull over and idle. Humans need rest and reset. The onus is on you to decide 1- am I just afraid? If that is the case then it's on you to push forward and get back on that path. 2- am I waiting for path to catch up and align? If yes then hunker down, keep your eye on the road but enjoy this time. Stay in mental motion, learn, talk to others and share your experience thus far. 3- have you idled to figure out where you are going. If so this is just a quick pit stop. Connect to us and watch the road ahead for signs and as soon as it's clear go ahead and get in motion again.

So you see you always have options. You are in full control. We will look to you for the signals on where you are going and what speed you are travelling and we will be there accordingly. Just remember when you are idling we are there too but we will not intervene. If you are full of fear we can't carry you anywhere full of fear because you will inevitably turn around and run. Do the work, state your course and allow us to help guide but you my relations are now the map makers, we will follow your lead.