

Truth

Good day my relations. Let's talk about truth. What is truth? You hear the truth is the truth....but is it?

Well that depends on who's truth you're talking about and at what point in their life they offered that 'truth'.

You see the truth on your planet is completely relative to the person who is speaking it and where they are currently in their life.

When you cross over to the other side (spirit side) the truth is definitive. There is no wiggle room, fact is fact without emotion or filters but on earth fact is relative. A moving target if you will.

Most conflicts on earth could be avoided if there was a higher level of understanding of the 'truth'. How many times has there been an event in your life and the people who were all present have a different recount of what exactly happened. If you were there and you 'know' what happened and the other's stories don't exactly match up to yours are they lying? No. Are you lying? No. What is happening is you are all viewing things from a different lens. You have all had different life experiences that will contribute to your understanding of an event.

You can argue until you are exhausted but it won't change sometimes else's truth. Now we are not talking about when someone is deliberately changing the story for their own reasons, we are talking about how can humans be apart of or witness the same event and recall it in different ways.

Well my relations, say someone is wearing a pair of glasses in which the lenses completely blocks them from seeing the colour red. You then show them a cherry and ask them the colour. They look and say well that is black. You look at the cherry and tell them it is clearly red. You may argue with them because you see it as red. Does that arguing really get you anywhere? Does you telling them it is not as they see it, as they perceive it make anything any better? No. You will both just feel frustrated.

What if you recognize that they are seeing it through a different lens than you are and start a discussion that explains to them you see it two different ways and it's because of the lens they are wearing. Conflict could be avoided IF they accept that their lens may skew things. They also may not know they are wearing the lens. So instead of arguing your point the cherry is red you could explain why it is red to you and black to them. Conflict avoided but still a divide is there.

What if you took that a step further and acknowledged in your mind that the other person is wearing those lenses and you understand you two will never see the cherry as the same colour. What if you put on the same lenses for a moment and understood oh yes, they are seeing it as

black while acknowledging you see it as red. What if you didn't feel the need to relay that to the other person vocally, you just understood for yourself that the two of you will not agree on the colour, Instead of arguing the colour of the cherry you pivot and find common ground in the fact that you both agree this is in fact a cherry.

What if my relations you could create that level of understanding, that level of empathy for your fellow humans, to not feel the need to overpower them with your 'truth'. What if you got to the point of validation within yourself you didn't even have to explain to the other person why they are seeing it differently than you. You wouldn't need them to validate your 'truth' because you were strong in it. What if you were so comfortable with yourself and your beliefs that you didn't 'need' them to understand the reason, you just offered them your truth, you heard and acknowledged their truth and left it at that.

That doesn't mean don't speak your truth but what if you stopped offering your truth as 'fact' and the only answer that matters.

When you overpower another person and you bend their will in an argument to 'see it your way' you are actually the one who lost their power in that space. You are the one who was so uncomfortable with another perspective that you shut it down completely and didn't accept the chance to see something through a new perspective. If not nothing other than an understanding of where they are at.

People will give in to and conceded in an argument for many reasons but rarely is it because they have accepted the others person's belief or truth. Many times it is because they just don't want to fight anymore and it is easier to shut it down. In that case neither person 'wins'. They have created negative emotions towards each other than can take days, weeks, years to resolve and maybe even never resolve. If this is an ongoing theme in a relationship (romantic, friend or family) the person constantly conceding in the argument will build up resentment over time and will change their desire to even be around the constant 'winner'.

What if you dear humans stop fighting, what if you start understanding that not everyone is supposed to have the same points of view or ideas. What if you realized that your truth is as valid as anyone else's. Can two different truths exist in the same place some may ask, some may say that is impossible. Well I am saying it's not impossible and is actually the way humans were created.

You were not created to all believe the same thing, do the same thing and have the same experiences. Quite the opposite, you were created to embody a variety of different experiences, thoughts and sovereignty of mind. It is the human that is strong within themselves that are able to hear other peoples perspectives without the need to change the other person. It is not for you to decide why any person disagrees with another. Each person has different life experiences that will make them see things differently. Someone who got third degree burns

from a fire may never feel cooking over a camp fire is safe. Some one who has spent much of their life outside and uses a fire to cook may think the fear of fire is silly as it helps provide in their life. Those two engaging in a debate would be a mute point. Yes fire is safe if used properly and yes fire can burn and destroy if out of control.

It is not your job to change anyones beliefs, it is not your job to make everyone around you believe as you do. It is your job to offer your truth, listen to the other persons truth and find common ground to move forward on. Or decide your 'truths' are not compatible and walk away.

If you dear relations can achieve this how it could change your world? Can you imagine the negativity this would eliminate, the wars it could avoid? We can, we can see that you dear humans have this potential. We can see you are on the cusp of this.

Next time you see an argument coming you do have the power to change that trajectory. Even if you can see that what the other person is saying is vehemently against your own personal moral code, you can hear their position and if you can't find common ground you can walk away. That's correct, you don't need to engage in every conflict coming your way. You can accept that not every person is meant to be part of your inner circle. You can accept that those you keep in your inner circle can change their views and opinions to the point that they no longer suit you inner circle. Does that make them bad? No, it makes them human and on their own path. Let them walk their path and stay on yours, maybe paths will meet up again one day. Do you want to know how much you let your own ego interfere with relationships and the need to be right or the unknowingly creation of drama/conflict. Next time you are in a social setting don't say anything. Don't offer you 'two cents' unless you are directly asked. You will see for the most part no one will ask and you'll see how much talking humans do with the intent to 'inform', change, outdo or boast their beliefs or situations. Sit quietly and observe and you'll learn much more. If you all worked on staying strong in your beliefs while being able to listen to others and accept those believes are appropriate for them then the love can really come in.